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| **Zoom Meeting Calendar: Open to All People with I/DD** |
| **Day** | **Time** | **Purpose** | **Log In/ Mtg ID** | **Host** |
| M - F | 10am  | Coffee Break | Meeting ID: 716 322-7070 | People Inc Advocacy  |
| M - F  | 4pm | Happy Hour | Meeting ID: 716 322-7070 | People Inc Advocacy |
| Tues | 11a-12p | Communication is Key Chat | <https://zoom.us/j/632063927>Dial: 1 646 876 9923Meeting ID: 632 063 927 | Center for Self Advocacy |
| Wed | 1pm-3pm | Updates:Guest speakers on important topics and time to ask questions.  | <https://zoom.us/j/209850037>Dial: 1-929-205-6099Meeting ID: 209 850 037 | SANYS |
| Thurs | 11a-12p | Communication is Key Chat | <https://zoom.us/j/632063927>Dial: 1 646 876 9923Meeting ID: 632 063 927 | Center for Self Advocacy |
| Fri  | 1-3pm | Open Mic/ Support Group | <https://zoom.us/j/477357603>Dial: 1 929 205 6099 Meeting ID: 477 357 603  | SANYS |

* From a computer or laptop: Click on the web link. Click Accept anytime you are asked.
* From a tablet or smart phone: Click on link and download the app. Select Audio
* OR go to zoom.us and click Join A Meeting in the top right corner and enter the meeting ID
* From a landline or flip phone: Dial the phone number and enter the meeting ID